

MOAC TRACK & FIELD FINALS

- 4:00** BOYS DISCUS followed by GIRLS DISCUS
GIRLS POLE VAULT followed by BOYS POLE VAULT
- 4:30** GIRLS SHOT PUT followed by BOYS SHOT PUT
GIRLS and BOYS LONG JUMP- 40 min OPEN PIT- GIRLS TOP 9 IN FINALS BOYS
TOP 9 IN FINALS – SEPARATE PITS
GIRLS AND BOYS HIGH JUMP- SAME TIME DIFFERENT PITS
- 5:15** GIRLS 4 X 800 RELAY - FINAL
BOYS 4 X 800 RELAY - FINAL

MOAC TRACK SEMI-FINALS

- 5:50** GIRLS 100 METER HURDLES (2 HEATS)
BOYS 110 METER HURDLES (2 HEATS)
- 6:05** GIRLS 100 METER DASH (2 HEATS)
BOYS 100 METER DASH (2 HEATS)

10 MINUTE REST PERIOD

- 6:25** GIRLS 400 METER DASH (2 HEATS)
BOYS 400 METER DASH (2 HEATS)
- 6:50** GIRLS 300 METER HURDLES (2 HEATS)
BOYS 300 METER HURDLES (2 HEATS)
- 7:05** GIRLS 200 METER DASH (2 HEATS)
BOYS 200 METER DASH (2 HEATS)

IN THE SEMI-FINALS THE **TOP 8 TIMES** WILL ADVANCE TO THE FINALS.

TIME SCHEDULE FOR THE SEMI-FINALS IS TENTATIVE